

*Clear negative Emotions, Beliefs and Influences-
Program a Successful, Happy Future*



Letting Go of Limits

Accelerate yourself with a 'ONE ON ONE' coaching with Lynda.

Ever found yourself over-reacting to situations? Ever had a disagreement with someone and found yourself going over and over it in your head? Ever heard yourself say something that sounded just like your mother or father? Ever felt that stress and overwhelm was effecting your productivity? Ever wondered how people make decisions and how great it would be to make better decisions? Ever felt that something is preventing your success but you're not just sure what it is?

Emotional intelligence has now been proven to contribute more to success than IQ. So how does one gain it? Most people do not function effectively because their emotions are triggered in disempowering ways. They are reacting to events rather than making decisions based on sound judgment or they are negatively influenced by others.

Letting Go of Limits gives you the tools to clear negative emotions (such as anger, sadness, fear, anxiety, and guilt), overcome the influence of the past and get rid of beliefs that limit success. It also give you the tools to be creative when problem solving, manage wisely, greatly enhance relationships and increase your ability to improve your own and others' health and happiness.

These are just some of the skills you will gain during Letting Go of Limits Day. How is this all possible in 1 day?

The latest advances in Neuro Linguistic Programming and Accelerated Learning Technologies allow people, in an intensive environment, to understand, install and relate skills at a rapid rate.

Just as advances in technology have made travel and communication faster, so have the latest developments in mind technologies enabled us to change, communicate and learn more effectively. Some of our most simple techniques have enabled people to double their income, change negative patterns in relationships, heal major health issues, plus greatly improve management and negotiation skills.

As well as this, you will find your well-being greatly enhanced making your home and work environment more productive, calm and happy. These profound, simple and long lasting techniques will vastly accelerate your personal evolution.

Accelerate you're **LETTING GO OF LIMITS**

Book a **ONE on ONE COACHING SESSIONS WITH LYNDA (\$150)** - Usually \$500
AVAILABLE on Sunday 12th Feb from 6pm, Monday 13th Feb from 8am, Tuesday 14th Feb (morning only)

You Get; 'One on One' Coaching, tea and coffee, nibbles.

Early registration confirms your Time, and Place. No booking is confirmed until payment is made book early as they are going very fast. Through Eddie & Patricia @ trishbow@aapt.net.au 04 1606 1683

Registration Details

Name: _____ Mob: _____

Email Address: _____

Deposit Payment Details: Amount - Exp: __ / __ CVN ____

Card No: _____

Name as appears on Card:

_____ Sign:.....